

Cardiovascular Disease Protective Tool

Garlic Guard + OmegaRich

Garlic

Features

New Health Garlic Guard utilizes a high-tech, low temperature concentration process to retain garlic's main active ingredient, allicin. Each capsule contains 550 mg garlic powder which provides a minimum of 6,000 µg of allicin.

Research has found that the function of garlic includes inhibiting lipid synthesis, reducing blood concentration, reducing platelet (stickiness) aggregation, preventing thrombosis formation, elevating the antioxidation ability of vascular endothelial cells, preventing red blood cells and LDL oxidation, reducing arteriosclerosis risk, reducing blood pressure and enhance body antioxidation ability¹. Research also found that garlic could help lower blood cholesterol, triglycerides and blood pressure (systolic pressure) to help prevent arteriosclerosis.² Other benefits of garlic include its ability to reduce sedimentation on the endothelium, improve arterial elasticity and reduce clots, and thus lower the rate of occurrence of stroke and myocardial infarction³. The main mechanism is that allicin and ajoene in garlic can inhibit the formation of iNOS, which worsens atherosclerosis, and then leads to the improvement of atherosclerosis⁴. Clinical research showed garlic supplementation could prevent cold virus infection⁵.



Reference

1. J Nutr. 2006 Mar;136(3 Suppl):736S-740S.
2. Prostaglandins Leukot Essent Fatty Acids. 2000 Apr, 62(4): 253-259.
3. Atherosclerosis. 1999 May;144(1):237-49.
4. Atherosclerosis. 1998 Aug;139(2):333-9.
5. Adv Ther. 2001 Jul-Aug;18(4):189-93.

Fish Oil

Features

The fish oil used in New Health OmegaRich is manufactured using a proprietary refining and concentrating process to ensure the fish oil is free of toxins and heavy metals. The bioavailability of the natural TG-form fish oil is three times higher than the synthetic EE-form. OmegaRich is enriched with natural mixed vitamin E, d- α , β , γ tocopherol to preserve the freshness of fish oil by protecting against fatty acid oxidation.

Research found that ω -3 fatty acid in fish oil could help lower plasma triglyceride⁶ and reduce the risk of having coronary artery disease. Fish oil could also improve hypertension, and has demonstrated good treatment effect for Crohn's disease, rheumatoid arthritis and other inflammatory diseases. In addition, fish oil could prevent cancer, help the fetus and the newborn infant during brain and nerve system development. Moreover, fish oil is beneficial to psychological diseases including depression, bipolar disorder, schizophrenia, dementia and psychiatric disorders during pregnancy and breastfeeding⁷.



Reference

6. Metabolomics. 2009 Sep;5(3):363-374. Epub 2009 Apr 26.
7. Ann Clin Psychiatry. 2000 Sep;12(3):159-65.